### Retirement Health Care Costs:

# What You Should Know

## Keep In Mind...

- Health care costs increase 5.1% on average each year. If you are on an employer-sponsored health plan, you know premiums can rise sharply. Unfortunately, retirement health care costs are no different 1
- Costs are in future dollars. Over time, inflation reduces the value of the dollar, so when you're at Medicare age, you will not perceive these costs to be as high as you do right now
- Approximately 1/3 of retirement expenditure is on health care costs <sup>2</sup>
- Health care costs are the top retirement concern of Baby Boomers, Generation X, and Generation Y<sup>3</sup>

#### Health Care Cost Drivers















#### Retirement Health Care Breakdown

**Private** Other Medicare **Medicare Part A Medicare Part B** Out-of-Pocket Expense **Medicare Part D** Supplemental Insurance Doctor Visits & Tests Varies by State Varies by State, Plan and Coverage • (Avg \$73/month)

# Anticipated Average Monthly Health Care Costs in Retirement 5





1 HealthView Services, 2016 Retirement Health Care Cost Data Report 2 Roy, Amian, Sonali Punhani, and Liyan Shi. "Longer Lives, Changing Life Cycles: Exploring Consumer and Worker Implications." Https://doc.research-and-analytics. csfb.com. Credit Suisse, 20 July 2011. Web. Roy, Amian, Sonali Punhani, and Liyan Shi. 3 MFS Fund Distributors, Inc 2015, Fact Sheet - What Are You Worried About?, MFS Investing Sentiment Survey, <a href="https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServlet?articleId=templatedata/internet/file/data/sales\_tools/mfsp\_worry\_sfl&servletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServletCommand=default>"https://www.mfs.com/wps/FileServerServe 4 (or higher depending on your income). Premiums for Social Security benefit recipients: \$109 on average. Late enrollment penalties may apply. 5 Calculated by HealthView Services using the following assumptions: Life Expectancy- 87; Retirement Age- 67; Assumed Annual MAGI for Surcharge Example- \$107,001; Premium Coverage Medicare Part A, Medicare Part B, Medicare Part D, Supplemental Insurance; Out-Of-Pocket Coverage- Hospitalization, Doctors, Tests, Prescription Drugs; Cost Projections-Future Value.

